



Selected Bereavement Resources

Art and Grief

Kurtz, Ernest & Katherine Ketcham. *Experiencing Spirituality: Finding Meaning Through Storytelling*.

Strouse, Sharon. *Artful Grief: A Diary of Healing*.

Zimmerman, Susan. *Writing to Heal the Soul: Transforming Grief and Loss through Writing*.

Caring for the Ill and Dying

A Ritual for Laypersons: Rites for Holy Communion and the Pastoral Care of the Sick and Dying.

Anderson, Megore, & The Sacred Dying Foundation. *Sacred Dying Journal: Reflections on Embracing the End of Life*.

Doka, Kenneth, Ed. *Living with Grief: Loss in Later Life*.

Ference, Dennis. *Keeping Vigil with the Dying*.

Groves, Richard F. & Henriette Anne Klausner. *The American Book of Dying: Lessons in Healing Spiritual Pain*.

Roman Catholic Bishops of Maryland. *Comfort and Consolation: Care of the Sick and Dying*.

Yoder, Greg. *Companioning the Dying: A Soulful Guide for Caregivers*.

Christian Approaches to Loss

Chittister, Joan. *Scarred by Struggle, Transformed by Hope and Between the Dark and the Daylight: Embracing the Contradictions of Life*.

Field, Anne. *Blessed by Our Brokenness: Finding Peace in the Challenges of Aging and Illness*.

Green, Thomas H. *When the Well Runs Dry and Drinking from a Dry Well*.

Kempf, Joe. *No One Cries the Wrong Way: Seeing God through Tears*.

Kolodiejchuk, Brian, Ed. *Mother Teresa, Come Be My Light: The Private Writings of the "Saint of Calcutta."*

Lewis, C. S. *The Four Loves and A Grief Observed*.

McPherson, Thomas. *When It Feels Impossible to Pray: Prayers for the Grieving*.

Moore, Thomas. *Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life*.

Sittser, Jerry. *A Grace Disguised: How the Soul Grows through Loss*.

Tripp, Paul David. *Suffering*.



Selected Bereavement Resources

Children and Loss

- Cacciatore, Joanne. *Bearing the Unbearable: Love, Loss, and the Heartbreaking Path of Grief*.
- Doka, Kenneth, Ed. *Living with Grief: Children, Adolescents, and Loss*.
- Didion, Joan. *Blue Nights*.
- Finkbeiner, Ann. *After the Death of a Child: Living with Loss Through the Years*.
- Fosarelli, Pat. *Whatever You Do for the Least of These: Ministering to Ill and Dying Children and Their Families*.
- Heegaard, Marge. *When Someone Very Special Dies: Children Can Learn to Cope with Grief*.
- Kübler-Ross, Elisabeth. *On Children and Death: How Children and Their Parents Can and Do Cope with Death*.
- MacGregor, Cynthia. "Why Do People Die?" *Helping Your Child Understand—With Love and Illustrations* (David Clark, Illustrator).
- Maxwell, Mel. *The Coat I Wear*.
- McCloud, Carol. *Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids* (David Messing, Illustrator).
- McCracken, Anne & Mary Semel. *A Broken Heart Still Beats: After Your Child Dies*.
- Rosen, Michael and Blake, Quentin. *Michael Rosen's Sad Book*.
- Stickney, Doris. *Water Bugs & Dragonflies. Explaining Death to Young Children*.
- Wolfelt, Alan. *A Child's View of Grief; Companioning the Grieving Child: A Soulful Guide for Caregivers; Healing the Bereaved Child; How I Feel: A Coloring Book for Grieving Children*.

Funeral Services and Planning

- CGarces-Foley, Kathleen. *Death and Religion in a Changing World*.
- Gillette, Bettyanne. *Condolences and Eulogies: Finding the Perfect Words*.
- Koehler, Rev. Kenneth. *Preparing a Catholic Funeral*.
- Matlins, Stuart & Arthur Magida. *How to Be a Perfect Stranger: The Essential Religious Etiquette Handbook*.
- Matlins, Stuart. *The Perfect Stranger's Guide to Funerals and Grieving Practices: A Guide to Etiquette in Other People's Religious Ceremonies*.
- Order of Christian Funerals*.
- Wolfelt, Alan. *Creating Meaningful Funeral Experiences: A Guide for Caregivers and Creating Meaningful Funeral Ceremonies: A Guide for Families*.



Selected Bereavement Resources

Grief Support Group Aids

Haugk, Kenneth. *A Time to Grieve: Journeying Through Grief, Books 1-4.*

MacLeod, M. Donna. *Seasons of Hope: Creating and Sustaining Catholic Bereavement Groups; Guidebook; Participant Journals 1-4.*

Wolfelt, Alan. *The Understanding Your Grief Support Group Guide: Starting and Leading a Bereavement Support Group; Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart and Journal; The Understanding Your Grief Support Group Guide: Starting and Leading a Bereavement Support Group; Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart and Journal.*

Grief Support Training

American Institute of Health Care Professionals. Pet Loss Grief Support Certification. <https://aihcp.net/pet-loss-grief-support-certification/>.

Center for Loss and Life Transition. <https://www.centerforloss.com/>.

Compassionate Bereavement Care Provider Training. The MISS Foundation. <https://www.missfoundation.org/>.

International Critical Incident Stress Foundation. Critical Incident Stress Management (CISM) Training. <https://icisf.org/>.

Grief Yoga. <https://grieyoga.com/>.

Hewett, Beth L. *Grief on the Road to Emmaus: A Monastic Approach to Journeying with the Bereaved.*

Pesi.com. Wide variety of high-quality grief-related trainings with CEUs.

Pet Loss Partners. Pet Loss Bereavement Specialist Training. www.petlosspartners.com.

Tragedy Assistance Program for Survivors (TAPS). <https://www.taps.org/>

Magazines & Periodicals

Bereaved Parents of the USA National Newsletter.

http://www.bereavedparentsusa.org/BP_NatlNews.htm.

Grief Digest Magazine: Hope, Information, Support (www.centering.org).

Living with Loss Magazine: Hope and Healing for the Body, Mind, and Spirit.

TAPS Magazine (www.taps.org).



Selected Bereavement Resources

Memoir & Novels

Albom, Mitch. *The Five People You Meet in Heaven*
Brothers, Joyce. *Widowed*.
Didion, Joan. *The Year of Magical Thinking*.
Enright, Anne. *The Gathering*.
Lewis, C. S. *A Grief Observed*.
Piper, Don with Cecil Murphey. *90 Minutes in Heaven*.
Weinstein, Michelle B. *The Mourning After*.
Winston, Lolly. *Good Grief*.

Inspirational

Breighner, Fr. Joseph. *When Life Doesn't Make Sense*.
Evans, Marie True. *A String of Pearls . . . A Mother's Wisdom*.
Frankl, Viktor E. *Man's Search for Meaning and The Will to Meaning*.
Hollkamp, Sue Catherine. *Grieving with Hope*.
Lamott, Anne. *Almost Everything: Notes on Hope*.
Leal, Carmen. *The Twenty-Third Psalm for the Brokenhearted*.
Levi, Primo. *Collected Poems*.
Kushner, Harold. *Who Needs God*.
Moore, Thomas. *Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life and Ageless Soul: The Lifelong Journey Toward Meaning and Joy*.
Nelson, Thomas. *Deeper Than Tears: Promises of Comfort and Hope*.
Nouwen, Henri J. M. *A Sorrow Shared: A Combined Edition of the Nouwen Classics In Memoriam and A Letter of Consolation and Turn My Mourning into Dancing: Finding Hope in Hard Times*.
Oliver, Mary. *Thirst and Devotions: The Selected Poems of Mary Oliver*.
Rice, Helen Steiner. *Daily Stepping Stones*.
Rosen, Michael & Quentin Blake. *Michael Rosen's Sad Book*.
Rupp, Joyce. *Praying Our Goodbyes*.
Stearns, Ann Kaiser. *Living through Personal Crisis*.
Tsu, Lao. *Tao Te Ching*.
Weller, Francis. *The Wild Edge of Sorrow: Rituals of Renewal and the Sacred work of Grief*.
Winkler, Jude. *I Cry to You, O Lord! Scriptural Reflections on the Mystery and Meaning of Suffering*.
Wolf, Notker. *Faith Can Give Us Wings: The Art of Letting Go*.
Wolfelt, Alan. *The Mourner's Book of Faith*.



Selected Bereavement Resources

Multicultural Approaches to Grief

- Brave Heart, Maria Yellow Horse, & DeBruyn, Lemyra M. (1998). *The American Indian Holocaust: Healing Historical Unresolved Grief*. *American Indian and Alaska Native Mental Health Research*, 8(2): 56-78.
- Ladinsky, Daniel. *I Heard God Laughing: Renderings of Hafiz*.
- Paintner, Christine Valters. (2010). *Water, Wind, Earth, and Fire: The Christian Practice of Praying with the Elements*.
- Rosenblatt, Paul C. and Wallace, Beverly R. *African American Grief*.
- Rothman, Juliet C. (2008). *Cultural Competence in Process and Practice: Building Bridges*.
- Sams, Jamie. *Earth Medicine: Ancestors Ways of Harmony for Many Moons*.
- Wade, Breeshia. *Grieving While Black: An Antiracist Take on Oppression and Sorrow*.

Self-Care for the Bereaved

- Alexander, Paul. *A Grief Guide and Healing Workbook*.
- Denniston, Paul. *Healing Through Yoga: Transform Loss into Empowerment*.
- Doka, Kenneth & Joyce Davidson, Eds. *Living with Grief: Who We Are; How We Grieve*.
- Donnelley, Nina Herrmann. *I Never Know What to Say: How to Help Your Family and Friends Cope with Tragedy*.
- Hewett, Beth. *More Good Words: Practical Activities for Mourning*.
- Hewett, Beth, and Richard Ottenstein. *Supporting a Grieving Workforce*.
- Jenkinson, Stephen. *Die Wise: A Manifesto for Sanity and Soul*.
- Kessler, David. *Finding Meaning: The Sixth Stage of Grief*.
- McIlwraith, Hamish. *Coping with Bereavement*.
- Miller, James. *One You Love Has Died*.
- Obershaw, Richard. *Cry Until You Laugh: Comforting Guidance for Coping with Grief*.
- Open to Hope: Helping People Find Hope After Loss. <https://www.opentohope.com/>.
- Rando, Therese. *How to Go on Living When Someone You Love Dies*.
- Sissom, Ruth. *Moving Beyond Grief: Lessons from Those Who Have Lived Through Sorrow*.
- White, P. Gill. *Sibling Grief: Healing after the Death of a Sister or Brother*.
- Wolfelt, Alan. *Eight Critical Questions for Mourners . . . and the Answers That Will Help You Heal; Healing Your Grieving Heart: 100 Practical Ideas*. [Varied topics in this set]; *Living in the Shadow of the Ghosts of Grief: Step into the Light; Loving from the Outside In. Mourning from the Inside Out; The Journey Through Grief: Reflections on Healing; The Paradoxes of Mourning: Healing Your Grief with Three Forgotten Truths; The Wilderness of Grief: Finding Your Way*.



Selected Bereavement Resources

Theory & Practice

- Association for Death Education and Counseling. *Handbook of Thanatology, 2nd ed. and 3rd ed.*
[Editions contain different information]
- Cholbi, Michael. *Grief: A Philosophical Guide.*
- Corr, Charles A., Coor, Donna M., and Doka, Kenneth J. *Death & Dying, Life & Living, 8th ed.*
- Despelder, Lynne Ann & Albert Lee Struckland. *The Last Dance: Encountering Death and Dying.*
- Garces-Foley, Kathleen, Ed. *Death and Religion in a Changing World.*
- Groves, Richard F., and Henriette Anne Kalauer. *The American Book of Dying: Lessons in Healing Spiritual Pain.*
- Kübler-Ross, Elisabeth. *On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy, and Their Own Families.*
- Kübler-Ross, Elisabeth, and David Kessler. *On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss.*
- O'Connor, Mary-Frances. *The Grieving Brain: The Surprising Science of How We Learn from Love and Loss.*
- Prend, Ashley Davis. *Transcending Loss: Understanding the Lifelong Impact of Grief and How to Make It Meaningful.*
- Worden, J. William. *Grief Counseling and Grief Therapy, 5th ed.: A Handbook for the Mental Health Practitioner.*

Trauma & Loss

- ACacciatore, Joanne. *Selah: An Invitation Toward Fully Inhabited Grief.*
- Marich, Jamie. *Trauma Made Simple: Competencies in Assessment, Treatment, and Working with Survivors.*
- Kabat-Zinn, Joh. *Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness.*
- Shay, Jonathan. *Odysseus in America: Combat Trauma and the Trials of Coming Home.*
- van der Kolk, Bessel. *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma.*
- Whitaker, Robert. *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America.*
- Wolfelt, Alan. *Reframing PTSD as Traumatic Grief: How Caregivers can Companion Catch-up Mourning.*



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Self-Care for Bereavement Facilitators

Hart, Thomas. *The Art of Christian Listening*.

Wolfelt, Alan. *Companioning You! A Soulful Guide to Caring for Yourself While You Care for the Dying and the Bereaved*.

Orloff, Judith. *The Empath's Survival Guide: Life Strategies for Sensitive People*.

Katz, Renee S. and Johnson, Therese A. Eds. *When Professionals Weep: Emotional and Countertransference Responses in Palliative and End-of-Life Care, 2nd Ed.*

Pet Loss

Center for Pet Loss Grief. <https://centerforpetlossgrief.com/pet-loss-grief-mentor-certification/>.

Pet Loss Grief Support, Rainbow Bridge, and Candle Ceremony. <https://www.petloss.com/>.

Wolfelt, Alan. *When Your Pet Dies: A Guide to Mourning, Remembering, and Healing*.